

1.0 Analyze Self Acceptance and Respect For Others

- 1.1 Explore self respect
All Pillars "The C.Q. Test"
- 1.2 Recognize methods to build self esteem
- 1.3 Develop caring behaviors
Caring "Caring Qualities"
- 1.4 Evaluate personal trustworthiness
Trustworthiness "Living with Integrity" and "Justice for All"
- 1.5 Explore fairness in relationships
Fairness "Fairness & Teens: Small Group"
- 1.6 Define the attributes of honesty
Trustworthiness "Trustworthy Figures"

2.0 Analyze Factors That Influence Human Behavior

- 2.1 Describe how personal values influence choices and goals
Citizenship "Marks of a Good Citizen"
- 2.2 Examine interaction of heredity and environment in development
Citizenship "Protecting the Planet"
- 2.3 Explain how culture influences behavior
Trustworthiness "A Test on Integrity" and "World Wise Schools"
- 2.4 Develop social awareness related to diversity
Fairness "Diversity Discussion"
- 2.5 Explore the effects of challenges on behavior
- 2.6 Examine causes and coping strategies for dysfunctional behavior
- 2.7 Practice techniques for modifying behavior

3.0 Develop Interpersonal Relationship Skills

- 3.1 Identify types of relationships
- 3.2 Evaluate components of healthy relationships
Respect "Showing Respect" and "Interpersonal Skills"
- 3.3 Examine strategies of initiating, maintaining, and ending relationships
Caring "Show You Care" and "Appreciations"
- 3.4 Recognize stages of the dating process
- 3.5 Recognize the positive and negative effects of peer pressure
- 3.6 Explore relationships in a family
- 3.7 Examine relationships in the structure of a community
Respect "Exhibiting a Respect for Work"

- 4.0 Demonstrate Effective Communication Skills**
 - 4.1 Interpret verbal and nonverbal communication
Caring "A Thousand Words" and **Trustworthiness**
"Trustworthiness Interview"
 - 4.2 Identify barriers to effective communication
Fairness "Teen Court" and "Steps towards Common ground"
 - 4.3 Practice skills used to communicate with clients
Respect "Respectful Interview"
 - 4.4 Identify guidelines for effective written communication
Citizenship "The Power of The Pen"
 - 4.5 Apply effective communication skills to family, work and community
Responsibility "Student Led Parent Conference"
- 5.0 Analyze Growth And Development Of Human**
 - 5.0 Identify principals of growth and development-
 - 5.1 Explain physical, intellectual, emotional, and social growth
All Pillars "Character Comics"
 - 5.2 Outline ways in which human needs are satisfied
 - 5.3 Describe adolescent development, including needs and interested
 - 5.4 Identify factors that influence personality formation
 - 5.5 Explain the human life cycle
 - 5.6 Asses the effects of environment and community
- 6.0 Examine Responsibility For Personal Wellness**
 - 6.0 Analyze sources of stress and stress management techniques
All pillars "Focusing on Our Behavior"
 - 6.1 Describe the relationship of rest to wellness
 - 6.2 Develop skills for dealing with crisis
Citizenship "Opportunity in Crisis"
 - 6.3 Analyze strategies for coping with grief and loss
 - 6.4 Evaluate risk-taking behaviors
 - 6.5 Describe symptoms of chemical abuse
 - 6.6 Recognize factors leading to suicide
 - 6.7 Evaluate factors contributing to a safe and healthy environment
Citizenship "School Safety Survey Project"
 - 6.8 Apply nutrition principals to wellness
 - 6.9 Describe weight management techniques
 - 6.10 Explain factors that contribute to eating disorders
 - 6.11 Develop a plan for personal fitness

7.0 Integrate Strategies For Life and Career

- 7.1 Identify decision making and goal setting processes
- 7.2 Demonstrate problem solving skills
Responsibility "Achieving Self-Control"
- 7.3 Practice appropriate etiquette and social skills
Respect "Whatever Happened To Good Manners"
- 7.4 Practice personal grooming and hygiene
- 7.5 Evaluate professional dress
- 7.6 Analyze conflict resolution
Fairness "Dealing with Grievances"
- 7.7 Increase study skills

8.0 Practice Skills For Teamwork and Leadership

- 8.1 Distinguish between various leadership styles
- 8.2 Identify personal leadership style
- 8.3 Define roles and responsibilities of group leaders and members
Responsibility "Responsibility All Around"
- 8.4 Identify qualities of an effective team member
- 8.5 Demonstrate teamwork
Responsibility "Writing a Grant Proposal" and **Citizenship** "Six Pillar Flags"
- 8.6 Practice effective meeting management
- 8.7 Participate in a career development event
- 8.8 Examine the differences between consensus building and majority decision making
- 8.9 Explore team problem solving techniques applicable to the family, workplace and community

9.0 Evaluate Balancing Family, Work, and Community

- 9.1 Examine personal, peer group, family, and community values
- 9.2 Explore civic responsibilities, such as volunteerism and exercising personal rights
Caring "Seniors Prom"; **Caring** "Helen Keller Examples" and **Caring** "Running a Blood Drive"
- 9.3 Recognizing the role of play/leisure at various life stages
- 9.4 Identify the challenge of managing multiples roles
- 9.5 Study child care issues
Fairness "Fair Opportunities: Teaching Disadvantaged Youngsters"
- 9.6 Examine influence of work schedules on family life

10.0 Analyze Family Units Based on Social, Cultural, Economic and Psychological

- 10.1 Examine recent changes in family structures
- 10.2 Identify characteristics of functional families
All Pillars "The Ideal Parent"
- 10.3 Examine stages in the family life cycle
- 10.4 Recognize cultural differences in families
Trustworthiness "Family Discussions"
- 10.5 Analyze decisions associated with family planning and parenting
Trustworthiness "A Good Marriage" and *Trustworthiness* "Preparing for Marriage"
- 10.6 Examine the role of the family as a source of protection, guidance, affection, and support
- 10.7 Explore the influence of culture and family structures on the education, healthcare, law, safety, and security systems of a community
Trustworthiness "Keeping News Trustworthy"

11.0 Develop Resource Management Skills

- 11.1 Identify resources available to individuals
- 11.2 Apply the decision making process to resource management
- 11.3 Examine changing financial needs of individuals and families
- 11.4 Examine consumer issues
Respect "Respecting Customers"
- 11.5 Prepare and evaluate a financial plan
Citizenship "Budgeting Priorities"
- 11.6 Understand emotional reactions to the use of money
Trustworthiness "Go Figure: Your Credit Is Built On Trust"
- 11.7 Learn strategies for time management
- 11.8 Analyze the influence of resource availability on human behavior, human learning, and human health

12.0 Explore Careers

- 12.1 Analyze career areas
Respect "Career Profile"
- 12.2 Examine trends in occupations through labor market research
- 12.3 Recognize factors that influence career choices
Respect "Respect in Company"
- 12.4 Examine personal aptitudes and interests
- 12.5 Apply interests, skills, and attitudes to career exploration
- 12.6 Employ decision making skills to career choices
All Pillars "Decision-Making Guide"

12.7 Examine the role of education in career preparation

13.0 Develop Employability Skills

13.1 Develop a plan to achieve employment goals

Responsibility "Difficult responsibilities"

13.2 Evaluate factors that contribute to successful performance at work

Responsibility "A Responsible Business"

13.3 Discuss how social skills are helpful in obtaining and maintaining a job

Responsibility "Workplace Skills"

13.4 Practice the use of technology as related to occupations

13.5 Practice continuous improvement procedures for the workplace

Respect "Respect for Employees"

13.6 Discuss work ethics

Trustworthiness "Honesty in the Workplace" and
"Untrustworthy Research"

13.7 Examine legal issues in the workplace

Respect "The Great Privacy Debate"

13.8 Develop strategies to address harassment issues

Fairness "Dealing With Unfairness" and "Fairness/Unfairness
Role Plays"

13.9 Discuss elements of professionalism

Responsibility "Keeping A Job"

13.10 Examine skills needed for changing workforce demands

14.0 Demonstrate Job Search Skills

14.1 Explain the steps in a job search

14.2 Research employment opportunities

14.3 Complete a job application

14.4 Demonstrate the use of technology in a job search